

Smooth Operator

Brazilian waxing doesn't involve much pain, and leaves one with a sense of liberation, according to those who have experienced it.



WAXING IS ONLY for women? Think again. Men have come a long way when it comes to hair removal, and are no longer limited to just shaving. Regarding waxing, some men do it for the comfort of their spouse; others to look neat in a pair of trunks. But all who have undergone waxing appreciate the smooth and cool sensation of being hair-free. We demystify the "Boyzillian".

EXPERTISE REQUIRED

So what really happens during a Brazilian waxing? And how can it not be painful (it's hot wax, after all)? In case you still have the jitters, the good news is the experience is not as grievous as you'd imagined it to be – especially when it's in the hands of a professional.

Thomas D'Esthetique is a leading men's aesthetics, wellness and skincare salon. In fact, the founder, Thomas Tong, has 20 years of experience under his belt. He's the first face and body aromatherapist for men, skilled at hair removal via Brazilian waxing.

We quizzed him on what the procedure is actually like. Thomas replies reassuringly: "Some clients actually vouch that their Brazilian waxing experience was pleasant."

We took a trial at this men-only salon. Here are our findings.

BEHIND CLOSED DOORS

Yes, you'll be in the buff, and probably feeling quite embarrassed. But the therapist is very professional and the session is over in a jiffy.

As you lie face down, warm Brazilian Hard Wax is applied onto your nether regions. The trickling of wax is surprisingly pleasant. Muslin strips are then stuck onto skin and, before you know it, removed with a quick yank. As it's done with such swift dexterity, the pain is almost negligible.

After you turn over, wax is applied on your most delicate areas and the procedure is repeated.

Of course, you'll feel more tension and discomfort here, but the consolation is that the procedure is over in a matter of seconds, minimising pain and awkwardness.

Post-treatment, you're urged to look at the work done in the mirror.

Usually, clients like what they see. But most of all, the brave souls who have undergone a Brazilian wax are happy to say goodbye to unpleasant odours, unsightly tendrils peeking out from behind swimming trunks and that occasional tickle down under.