

Facing Problems

We don't always understand how a facial works, and unless you're an expert or a dermatologist, most of what the facial therapist tells you eventually falls away midway between all the rubbing, massaging and gentle touch. If you have had a facial before, you would know that the most intense part would be the "extraction". Pores pressed, probed and squeezed to expel the chunks of funky gunk trapped underneath your skin. It's a satisfying pain, like popping a pimple, or peeling away healing scabs, but pain nonetheless.

Aqua Peel

Thomas D'esthetique now provides a facial therapy that does away with all the extraction, but provides the same results, AQUA PEEL. It is suitable for all skin types, whether dry, oily or acne-prone – and I was privileged to get to try it first hand.

Start

The session started with the usual moisturizing and purifying gel applied over my face and left to settle for a bit. After which, the AQUA PEEL began. My anticipatory assumption about the treatment involved jets of water shooting into my face, destroying all that is evil hiding underneath – or at least that's what AQUA PEEL sounded like to me. A machine the height of my waist was rolled over and explained to me. Stored within this seemingly complicated device were actually just three tubes of solution, each with its own specific purpose. For all the cleansing and moisturizing goodness. The very first one used on me was the Alpha Hydroxy Acid (AHA) solution – with research to show that it reduces wrinkles and signs of aging, and ultimately improves the overall

sensation of the skin.

The awe factor doesn't stop at the simplicity of the three solutions in the machine. The execution of the treatment was also one of a kind. It was simple albeit atypical. A thick, pen shaped instrument linked to the waist-leveled device was brought to my face, with a gentle sucking noise vibrating in the background – the scene felt like a trip to the dentist, only less scary. The tip of the instrument composes of three holes aligned straight across the diameter of the circular flat tip. The biggest, middle hole pulsed a little. The strength of the suction is controlled by the therapist, and this middle hole is the part that siphons away the impurities covered underneath the skin, while the other two openings excrete the solution hooked up to the machine, and with these two action happening concurrently, the process is as intricate and amazing as a well rehearsed dance. The instrument provides cleansing, exfoliation, extraction, hydration and antioxidant all at the same time without the need for any intense squeezing of your skin leaving it feeling slightly attacked and battered after.

The LED Light Machine

The use of a LED light machine succeeds the painless extraction. The cold, unheated LED light accelerates cell growth and blood flow.

Functions of LED light treatment includes:

1. Treating of aging, loosening and wrinkled skin types
2. Helps treat pigmented skins like freckles or sunburns



3. Improves dark complexion
4. Repairs damaged skin

The treatment proceeded with a last moisturizing solution massaged into my face, and ended with a mask applied over my face. The cold, muddy mask provided a refreshing after feel while it settled over my newly rejuvenated face.

After

The strength of the treatment and the aftermath feel differs with each and every person, because it is customized to his own facial condition – but whichever condition you start out with, the treatment will only improve it, and the outcome is the same, better looking skin that glows from the inside.

For me, apart from a slight redness and tightness, the aftermath of the treatment brought an obvious and natural gleam to my face. It felt like my old skin was peeled away, and a new one is resurfaced – only less violent, and painless.

The most amazing thing is that the sparkle isn't limited to that day of the treatment; the newness only feels fresher and looks better each consecutive day.